



Pure Royal Jelly Capsules: Brand Comparison Checklist

Use this checklist to compare up to three different royal jelly products at a glance. Bring it with you to the store or keep it handy while shopping online.

Product/Date:

- Product 1 Name: _____
 - Product 2 Name: _____
 - Product 3 Name: _____
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1. DOSAGE & POTENCY

- Freeze-Dried Amount per Capsule (mg): 1: ____ / 2: ____ / 3: ____
 - Fresh Equivalent (if listed): 1: ____ / 2: ____ / 3: ____
 - 10-HDA Content (if listed): 1: ____ / 2: ____ / 3: ____
 - Price per Serving (Bottle Price ÷ # of Servings): 1: \$____ / 2: \$____ / 3: \$____
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2. PURITY & FORMULATION

- Main Ingredient: 100% Royal Jelly? / Contains Fillers/Blends? ⚠
 - Label Claim: "Pure" / "Organic" / Both? ⚠
 - Capsule Type: Gelatin / Vegetarian (Cellulose)
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3. SOURCING & BRAND TRUST

- Country of Origin: 1: ____ / 2: ____ / 3: ____
 - Third-Party Testing Mentioned? 1: Yes / No / 2: Yes / No / 3: Yes / No
 - Clear Allergen & Storage Info? 1: Yes / No / 2: Yes / No / 3: Yes / No
 - Brand Reputation (based on reviews): 1: ____ / 2: ____ / 3: ____
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4. YOUR PERSONAL NOTES

- Product 1 Pros/Cons: _____
- Product 2 Pros/Cons: _____



<https://pureroyaljelly.com>

- Product 3 Pros/Cons: _____

Final Choice: _____